

ADULT CARE KITS

You can give a helping hand to individuals who are homeless or living in transitional housing by simply filling a bag or box with toiletries. This project strengthens our community and provides relief to those in need.

SUPPLIES NEEDED:

- Shampoo
- Conditioner
- Mouth wash
- Body wash
- Hair brush
- Lotion
- Deodorant
- Toothbrush
- Toothpaste
- Sunscreen
- Chapstick
- Cotton Swabs
- Bandages
- Socks
- Feminine hygiene products
- Razor
- Shaving cream
- Rain poncho
- Nail clipper

INSTRUCTIONS:

1. Purchase or collect new supplies.
2. Assemble individual bags or boxes with the supplies listed.
3. Bring completed kits to the United Way to be distributed to agencies and clients who need them.

REFLECTION

On any given night in our community individuals and families are looking for a place to sleep. These community members deserve access to basic necessities for hygiene and health.

1. How would your life be different if you didn't have access to basic health and hygiene supplies?
2. How did participating in this project impact you?