## FIRST AID KIT

By providing a First Aid Kit you equip a family to fix minor medical issues on their own. This project strengthens our community and provides someone the tools they need the overcome a possible issue.

## **SUPPLIES NEEDED:**

- Container
- Bandaids
- (To hold supplies!)
- Thermometer
- Antibiotoic Cream
  Latex Gloves
- Eye Drops
- Ace Bandage
- Gauze
- Medical Tape

- Disinfecting Wipes
- Hand Sanitizer
- Ice pack

## **INSTRUCTIONS:**

- 1. Purchase or collect new supplies.
- 2. Take the supplies needed and assemble them in the purchased container.
- 3. Bring completed kits to the United Way to be distributed to agencies and clients who need them.

## REFLECTION

It's hard to be planning ahead and preparing for possible accidents when you may have other day to day struggles. First Aid Kits provide peace of mind, knowing if something happens you are equipped to deal with it!

1. Can you remember a time when you or someone around you was helped by the products in a first aid box?

2. How did participating in this project impact you?

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**United Way of Douglas** & Pope Counties

