

# CARDS OF KINDNESS

Make some cards for community members that need to be thanked or maybe could use some words of encouragement. Bring them to the organization of your choice. This project strengthens our community because you are providing support or gratitude to others.

## SUPPLIES NEEDED:

- Paper or cardstock  
(multiple colors)
- Pens
- Markers
- Scissors
- Ribbon/feathers/jewels
- Glue or double-sided tape
- Stamps and ink pads
- Envelopes

## INSTRUCTIONS:

1. Decide who you will be writing your card to (*veteran, current military serviceman/woman, nursing home resident, etc*).
2. Gather the necessary supplies. You can craft supplies you have around the house, or buy new.
3. Create cards & deliver

## REFLECTION

Members of our community often feel isolated, lonely, or unappreciated. By reaching out to them with a personal card and words of encouragement, you are helping them feel connected to our community.

1. How do you feel when you get a personal card or note?
2. How did making this card impact your life?  
How will it impact the individual who receives it?